

Gymnastics Classes Fall/Winter 2026 Aug 10th - Dec 18th

Class	Monday	Tuesday	Wednesday	Thursday	Friday
Parent & Tot - Ages 18mths -3yrs	1a. - LP 5:15 - 6:00	1b. - LT/KAT 9:00 - 9:45		1c. - TM/MH 5:30 - 6:15	
Pre-school Gymnastics 3-4yrs	2a. -MH/KAT 4:30 - 5:15 2b. - TM/MH 5:30-6:15 2c. - LP 6:15 - 7:00	2d. - LT/KAT 10-10:45		2e. - TM/MH 3:30 - 4:15 2f. - MH 5:15 - 6:00	
Beginner Gymnastics 5yrs & up	3a. - TM/MH 3:30 - 4:25 3b. - KRT/AZ 3:30 - 4:25 3c. -TM/AZ 4:30 -5:25 - 3d. - KRT/KAT 5:30 - 6:25 3e. - MH 6:30 - 7:25	3f. - LT/KAT 11:00 - 11:55		3g. - AZ/MH 3:30 - 4:30 3h. - TM/MH 4:30 - 5:25	
*Intermediate Gymnastics 5yrs & up	4a. - MH/KAT 3:30 - 4:25 4b. - MH/KAT 5:30 - 6:25			4c. - KAT/MH 6:00 - 6:55	
*Advanced Gymnastics 5yrs & up				5a. - KAT/MH 3:30-5:00 -	

Cheer	6a. KRT/TM Cheernastics 5-10 yrs 4:30 - 5:25	6b. KAT/LT/? Stunt & Tumble - 10 yrs & up - 6:45-8:15		6c. KAT Cheernastics 11 yrs & up 5:15-6:10	
Tumbling				7a. IP & AZ *Intermediate 4:00 - 4:55 7b. IP & AZ Beginner 5:00 - 5:55 7c. IP & KAT/MH *Advanced 6:00 - 6:55	
Open Gym 12 & up \$10 day (fast fee)				KAT/MH/IP 7:00 - 8:30	
Team Tues and Fri \$135 Tues, Wed, Fri \$165 Add tumbling for \$20		3:30 - 6:30 LT, WZ, KAT, IP, MH	3:30 - 5:30 LT, WZ, KAT, IP, MH		3:30 - 6:00 LT, WZ HM,MH MK, KAT

All 45-55 minute classes are \$50 mth members/\$70 mth non-members for 1 class a week.

All 85 minute classes are \$60 mth members/\$80 mth non members for 1 class a week.

Additional classes & siblings will receive a \$10 discount per month.

No discounts on open gyms.

All intermediate and advanced classes require an evaluation.

Coaches : LT - Latishia Traywick WZ - Whitney Zugg HM - Hailey McElroy
 KAT - Kallie Traywick IP - Izzy Pearce MH - Marley Holsenback
 TM - Tressa McCullough LP - Lydia Patterson MK- Michael Kinne
 KRT - Kinnsley Traywick AZ- Andi Zugg